

Preface

The National Conference on Ageing (NCA) is a research conference for scholars, experts, and professionals to present, discuss, and exchange ideas, findings, and developments in the field of gerontology - the multidisciplinary study of ageing and the processes associated with it, encompassing the biological, social, psychological, and environmental aspects. These presentations are now transformed into scholarly papers in the Proceedings of NCA 2024, under the esteemed *Pertanika Journals*, UPM Press Centre.

The conference theme reflects the growing recognition that ageing populations present both opportunities and challenges, and that creative, innovative, and inclusive approaches are essential to ensure quality of life and social well-being for older adults. With this in mind, the conference was organised to provide a scholarly platform for researchers, practitioners, and stakeholders to convene, share perspectives, and amalgamate knowledge constructively, while gaining visibility through publication in an outstanding academic outlet.

Research titles such as “Technology Acceptance among Older Adults for Healthcare Monitoring”, “Intergenerational Learning and Social Cohesion”, “Age-friendly Housing and Urban Planning”, and “Elderly Caregiving Burdens and Policy Responses” are some of the topics that reflect the conference theme as we navigate the realities of an ageing society in an increasingly complex and interconnected world. On this note, this proceeding aspires to inspire scholars, researchers, and practitioners to delve deeper into potential research areas that can be explored and extended further in the quest to enrich our understanding of social gerontology from both the theoretical and practical perspectives.

We extend our gratitude to UPM Press Centre and the Pertanika team for supporting this academic endeavour and enabling the publication of these papers. We also express our heartfelt appreciation to our industry and academic partners, collaborators, participants, and scientific committee members of NCA 2024, who have worked tirelessly to ensure that the conference and publication of the proceedings were efficiently managed and successfully realised. The NCA 2024 proceedings are a testament to the collective effort and dedication of all involved.

Guest Editors

Puvaneswaran Kunasekaran (Dr.)

Rahimah Ibrahim (Assoc. Prof. Dr.)

Chan Yoke Mun (Prof. Dr.)

